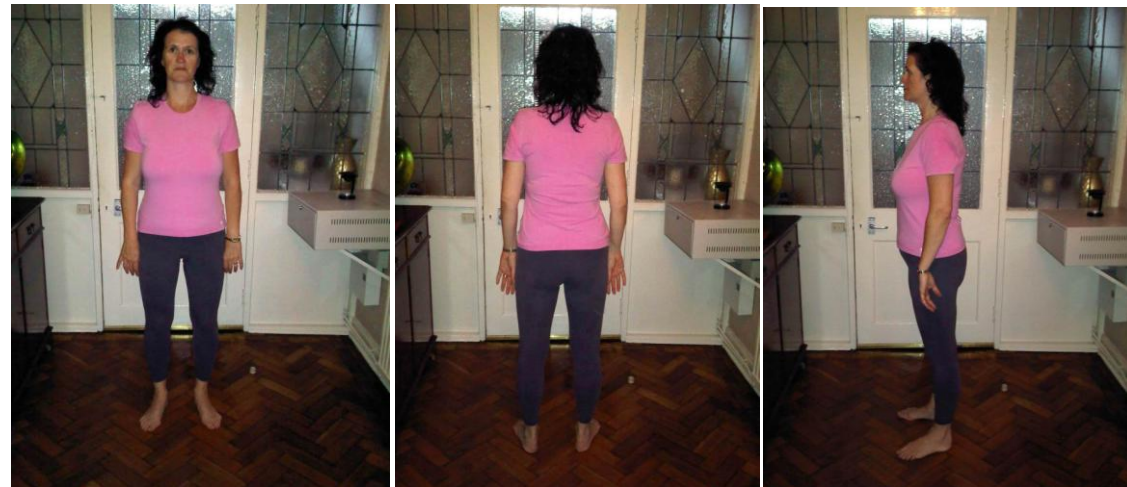


Andrea McGainty Body Transformation

Andrea looks AMAZING!! What an Action Taker!



Andrea Says “So you’re thinking about going on Jens Mercer One Body Fitness Boot Camp or you’re already on it and wondering does it work! Well I can tell you it does I did my first boot camp with Jen in October 2010 and then again in January 2011 and I have continued with the food plan and taken up running and kept up some of the exercises that we did. I have lost a total of 3 stone and 27 inches over the past 7 months. I have dropped 2 dress sizes and a full bra size. You can see my before and after pictures as living proof that it does work and you can maintain it if you follow the food plan and exercises that Jen sets for you. Jen is a great motivator and makes it fun in a very relax and non threatening way. So what are you waiting for just do it because it’s never too late!!!”